



UNIVERSITY OF
CAMBRIDGE



In aid of CAMS Music Trust



The Cambridge International
Book of Lockdown 2020 Recipes



Stage 1	Choose a title and description that's short, simple and describes what it is
Recipe Title	<i>Keep it simple and descriptive</i>
Recipe description	<i>Write a short description of 10-15 words explaining what's special about your recipe</i>
Why is it particular	<i>What is particular to your recipe with regard to any of the following: lockdown 2020, Cambridge, music, storytelling, your homeland, Mill Road etc</i>
What will we need other than food ingredients	<i>6" Cake tin, rolling pins, oven set to 380 degrees etc</i>
Stage 2	Photo/picture.
Photo / picture	<i>Photo or other picture. Please note that by sending us an image you certify that you have the right to distribute it. You can skip this step if you don't want to add an image. Please send to hearoursong2020@gmail.com</i>
Stage 3	List your ingredients line-by-line and using metric measurements if possible
Ingredient Group 1	<i>E.g. Sauce</i>
Ingredient 1	<i>Bear in mind where we might be able to obtain the ingredients – don't be afraid to give a plug to a particular shop!</i>
Ingredient 2	
Ingredient 3	
Ingredient Group 2	<i>E.g. Pie</i>
Ingredient 1	
Ingredient 2	
Ingredient 3	
Ingredient Group 3	<i>E.g. Garnish</i>

Ingredient 1	
Ingredient 2	
Ingredient 3	

Stage 4	Add your method in easy steps - you can include as many as you need. Keep it as simple as possible and work your way through from start to finish.
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Stage 5	People like to know what to expect when it comes to timings and servings. Think about how long it takes you to prepare, cook and assemble your dish.
Prep. time	0hrs 0minutes
Cook time	0hrs 0minutes
Any extra time	e.g. marinating
Serves/makes	e.g. 2 people/12 buns
Level of skills needed	Easy / Medium / difficult /
Categories	<p>Circle any number of the following:</p> <p>Starter Main Dessert Drink</p> <p>Vegan Vegetarian</p> <p>Other (please specify)</p>

Name/s you would like to be credited with in recipe book	
Contact email	
Contact telephone number/s	

Is this your recipe? Yes No

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